

## Resource List for Crossroads Head Start/Early Head Start

Comanche County Centers: Education Engine ( Main Office): 580-248-0474

Beginnings Academy-580-354-9865      Children's Chateau – 580-355-4320

Summit Ridge – 580-354-9199

First Start – 580-355-4333

### Transportation

Disabled Veteran's Transit – call for schedule -# 580-585-5678

Sooner Ride – [www.member.logisticare.com](http://www.member.logisticare.com) – call 3 days in advance/Medicaid only. #1-877-404-4500, 1-888-248-9895

United Reservations – call 3 days in advance/Medicare Complete and United Health Care Dual Complete Insurance only Mon-Fri 8 am-5pm, Need name and address of doctor.#1-866-418-9812

Comanche Nation Transit – Serves: Lawton/Ft.Sill/Cache/Indiahoma/Fletcher/Geronimo/Elgin Hours: Mon-Fri 5AM- 7PM, Adults \$3, Children \$2, Children 5 and under are free, elderly/disabled \$2. Prices per person per ride. No transportation to schools, but will do colleges. # 580-492-3389.

Kiowa Tribe Fastrans – Serves the public: wheelchair accessible vehicles. Mon-Fri 7AM-5PM, \$2 in town, 10mi outside city limits \$3, senior/disabled \$1, children 5 and under are free. Rates per person, per stop. # 1-580-654-2053 or #1-855-820-6164

L.A.T.S.- [www.ridelats.com](http://www.ridelats.com) hours Mon-Fri 6AM-7PM Sat 9AM-9PM, no Sundays. Adults: \$1.50, Ages 6-17:\$1, 5 and under are free, seniors/Medicare/disabled: \$0.75, #1-580-248-5252

Red River Transportation- Hours: Mon-Fri-8AM-5PM, price by mileage: 1-20 mi \$8, 21-50 \$15, 51-100 mi \$30 unless disabled/elderly \$20, 101-150 mi \$30, 151- 249 mi \$60 unless disabled/elderly \$40.# 580-335-5588 or #1-866-511-0938.

### Clothing

Calvary Baptist Church Clothes Closet - 715 SW H Ave, Lawton Free Clothes Closet, call with requests. 9-11:30AM 3<sup>rd</sup> Saturday of each month. # 580-353-2006.

Blessed Sacrament Thrift Shop – 702 Gore Blvd, Lawton Ok 73501, Hours: MWF 10AM-2PM, bag of clothes for \$0.25, # 580-581-1309.

Catholic Charities- 106 SW A Avenue # 580-353-1811.

Central Baptist Church- 901 SW B. Ave, Lawton, Free clothes closet open 3<sup>rd</sup> Saturday of the month(closed in November) Hours 11AM-12PM serving free lunch at the same time # 580-353-6750.

**Cameron Baptist Church-** 2621 SW C Ave Free clothing boutique open Sundays and Wednesdays 4PM-5PM.# 580-355-4854.

**Goodwill Industries-** 616 NW Sheridan Road, Lawton OK 73505 Hours: Mon-Sat 9AM-7PM, Sun 9AM-6PM. # 580-248-0861.

**Goodwill Industries-** 1203 SW Lee Blvd, Lawton OK 73501, Hours: Mon-Sat 9AM-8PM, Sun 12PM-6PM. # 580-355-2163.

**Lawton First Assembly-** <http://lawtonfirst.org/ministries/lfa-clothes-closet> make a request for clothing using online LFA Compassion Intake Form, you will be contacted for an appointment. Each household limited to two sets of clothing per child and two visits per year. Distributions made on 1<sup>st</sup> and 3<sup>rd</sup> Saturdays. # 580-536-9325.

**Lighthouse Church of God-** 800 NW Rogers Lane, Lawton Clothes Closet 1<sup>st</sup> Saturday of the month 10AM-2PM.# 580-595-4810.

**Salvation Army-** 1306 SW E. Ave, Lawton Hours: Mon-Sat 10AM-5PM, Need ID and SS card for everyone in the home, call to make an appointment for application. # 580-355-0399 & # 580-355-1802.

**Super Thrift West-** 1324 NW 53<sup>rd</sup> St. Discounted clothing, call before referring for free clothing on case by case basis, when funds are available.# 580-699-2288.

**Faith Based Church of God-** 11 St. Free Clothing & Give- a- ways # 580-357-3203

## **Medical/Dental**

**Calvary Baptist Church Dental Clinic** – 709 SW H Ave (brown house of east of church) Free dental extractions only, on 2<sup>nd</sup> Thursday every month. Registration begins at 9AM to make an appointment to return. No young children. Bring a list of current medications. No walk-ins.

**Lawton Kids Denistry & Braces** Pediatric dentist accepts sooner care. # 580-248-8418

**My Dentist-** # 580-699-8802

**Hearts That Care Medical Clinic** – 304 SW H Ave, Lawton OK 73502 1<sup>st</sup> and 3<sup>rd</sup> Thursday of every month , appointments made from 9AM-12PM to be seen starting at 6PM. Bring proof of household income, picture ID, utility bills and current medications. # 580-354-9007.

**Great Plains Foundation Rx for OK-** 2nd SE Lee Blvd, Suite 200, Lawton OK 73501  
Pharmaceutical Assistance Program: must fall within income guidelines, have a primary physician and be an Oklahoma resident ( takes 7-10 days to 4-6 weeks to receive medications). Also offers Developmental Disabilities Service Program, Homebuyer's Education, Child and Adult Food Program and Weatherization for homes. # 580-353-5616 or # 877-794-6552.

**Comanche County Health Department-** 1010 SW Sheridan, Lawton OK 73501 Immunizations, STD Clinic, (HIV, chlamydia, gonorrhea and syphilis testing), Family Planning ( birth control), WIC. Must have proof of income. # 580-248-5890.

**Comanche County Hospital-** 3401 W Gore Blvd. You may receive care even if you do not have insurance. Income based services available. Health center offers check-ups, treatment,

pregnancy care, immunizations, prescription medicine, mental health and substance abuse services. # 580-355-8620.

**Lawton Community Health Center**- 5404 SW Lee. # 580-355-5242.

**Vision USA**- May apply online for free eye exam for adults with no insurance.  
<http://www.aoafoundation.org/vision-usa/>

**Sooner Care** Medication information. # 800-987-7767.

**Pregnancy Resource Center**- 9AM-5PM Mon-Fri. Services: pregnancy tests, limited obstetrical ultrasounds, education on pregnancy, fetal development and abortion risks and alternatives, confidential and non-judge-mental visits with a trained client advocate, referrals for medical, legal, social service and adoption assistance, clothing and furnishings for baby, ongoing friendship and support, abortion recovery help, abstinence education community education 319 SW C. Ave. # 580-536-4040.

**Medication Discount Card**- <http://www.nirxcard.com/ucs>

**Dr. Maria R. Riviera, M.D.** - Lawton, OK. # 580-351-9949

**Family Vision Clinic**- Lawton, OK. # 580-355-1298

**Primary Vision Care Services**- Lawton, OK. #580-357-6912.

**Complete Eye Care** - Lawton, OK. # 580-355-2020.

**Dr. Swales Vision Source** - Lawton, OK. # 580-357-6911.

**Lewis Gail MD**- Lawton, OK #580-248-0696

**Folake E. Olaosebikan, MD**- Lawton, OK #580-699-3000

**Great Plains Pediatrics In.: Legako Edward A MD**- Lawton ,Ok #580-353-8942

**Dr. Pastor Gomez, MD**- Lawton, Ok #580-354-5500

## **Counseling/Mental Health Services/Substance Abuse/Addiction**

**Cornerstone Clinical Services**- 807 SW F. Ave, Lawton 8AM-5PM Mon-Fri, Counseling for adolescents and adults. No alcohol or drug counseling, does not prescribe medications. Sliding scale fee. # 580-595-7000.

**Catholic Charities Counseling Center - 106 SW A Avenue**, free counseling and parenting support. # 580-353-1811.

**Christian Family Counseling Center**- 5002 SW Lee, Marriage, family, individual, and child therapy for children age 7+. Private insurance and sliding scale fee starting at \$45. No Sooner Care. # 580-531-4512, # 580-248-0983.

**Depression/Bipolar Support Alliance of Southwest OK** - NW Sheridan # 166 dbsa-swok.org. , Depression/Bipolar Support Group meets every Monday at 6:30 @ 110 SW 4<sup>th</sup> St. Lawton Public Library. # 580-483-4942

**Life Management Counseling**- 621 SW D. Accepts Medicaid, sliding scale for all others. Individual, Family, counseling for all ages, mental health, substance abuse, parent/child

interaction therapy, anger management, domestic violence, 6-12 week substance abuse courses.  
# 580-351-1188

**Open Arms Behavioral Health**- 2215 NW Cache Rd Suite 107, Counseling for anxiety, depression, individuals, family, children 3t. Accepts some private insurance, does not accept Medicare. Sliding scale fee for uninsured. Does serve domestic violence victims, does not prescribe medication. # 580-351-9998

**Marie Detty Family Services Center**- 2501 SW Ave, Family Therapy for birth to 5, individual or family therapy over 5. Play therapy room. Accepts Sooner Care and offers sliding scale fees. # 580-248-6450

**Mary Detty Domestic Violence Services**- Limited appointments available as priority is given to women in shelter. # 580-357-6141

**Excel Mental Health Services LLC**- 910 SW E. Avenue, Family and individual counseling, accepts Medicaid. # 580-699-5550

**Multi-County Counseling, INC.**-1719 SW 11<sup>th</sup> St. Accepts Medicaid and Tri-Care. Sliding scales fees. Individual, family, substance abuse, anger management, domestic violence, adolescents, parenting, and sex offender class. # 580-581-1818

**Lawton First Assembly Name Center**- The National Association of Marriage Enchancement (NAME) Center is a network serving to address a serious problem - the breakdown of the family. Restoring, building, and saving marriages through FREE couple to couple coaching sessions with Certified Marriage Specialists. # 580-536-9325

**Alcoholic Anonymous** - # 580-353-9592

**Comanche Nation Prevention and Recovery Center**- 927 SW D Ave. Provides outpatient substance abuse treatment services. # 580-357- 3449

**Narcotics Anonymous**- # 888- 851-1246

**Roadback, Inc.**-1202 SW A Ave. # 580- 357-6889

**Lorraine Perry Briarwood Health Center**- 1011 NW Bell. # 580-355-6494

**Oxford House - 914 SW E. Ave** - 580-215-0485

**Compassionate Friends** - Fellowship Hall of Lawton First Church of Nazarene 1402 NW Arlington- Support for parents who have lost a child. Meets 1<sup>st</sup> Thursday at 6:30. # 580-215-3479

## **Shelters**

**C. Carter Crane Homeless Shelter**- 1203 SW Texas Ave, Must have current ID and Social Security card (not a copy). No assault and battery/sexual charges, 6 week program, male, female, and children with parents, placement can only use services 1x per year. Must be able to do 5 job searches per day. # 580-248-0936

**Salvation Army Homeless Shelter**- 1306 SW E. Ave, Must have picture ID and Social Security card (can be a copy). 1<sup>st</sup> three nights are free, \$10 a night (will work with some about payment), must go looking for work daily. No sex offenders. Dinner served every night, 6:00-6:45 (available for anyone). # 580-355-1802

**Marie Detty New Direction-** Domestic violence/sexual assault intervention services. Women and children only. Don't accept men that have been battered but will help. Non-residential counseling free of charge for domestic violence. 30 day stay facility. Call 24 hour crisis hotline to determine eligibility - Mariedetty.com. # 580-357-2500 or #580-357-6141

**Housing Authority-** 609 SW F Ave. # 580-353-7392

**Family Promise of Lawton-** 901 SW 17<sup>th</sup> St. Provides shelter for homeless families with children for up to 90 days, clothing vouchers, rent/utility assistance and referrals.# 580-353-7522

**J Roy Dunning Children's Shelter-** 902 SW 17<sup>th</sup> St. # 580-357-6263

## **Local Government Agencies**

**Southwest Oklahoma Resources Line-** # 211

**Federal Information Center-** Listings for all government agencies.# 1-800-688-9889

**Department of Human Service-** 2609 SW Lee, Food stamps, child support, daycare, adoption/foster care, CPS/APS, disability resources and TANF.# 580-250-3600

**Women, Infants, and Children-** 1010 SW Sheridan (County Health Department). # 580-248-5890

**Oklahoma State Employment Agency-** 1711 SW 11<sup>th</sup>, Employment and unemployment benefits assistance. # 580-357-3500

**Association of South Central Oklahoma Governments-** 1711 SW 11<sup>th</sup>, Education and employment assistance. # 580-248-0000

**Goodwill Industries -** 1210 Summit, Employment assistance, job training, and job placement. # 580-355-2163

**Social Security-** 1610 Lee, Main national information number. #1-866 -931-2732 or # 1-800-772-1213

**Legal and Immigration Services-** 4400 SW 44<sup>th</sup> St, Suite A, Oklahoma City- [www.uscis.gov](http://www.uscis.gov)

**Vocational Rehab-** 1802 NW Ferris Ave., Offers services for education and employment for people with a mental or physical disability. #580-585-4200

**Lawton Public Library-** 110 SW 4<sup>th</sup> St, Mon-Thurs - 10:00 AM to 9:00 PM, Fri-Sat 10:00 AM to 6:00 PM.# 580-581-3450

**Community Action Development Corp. -**<http://www.cadconnection.com/>

## **Budget and Debt Counseling**

**Consumer Credit Counseling-** 5202 SW Lee. # 580-595-9489

**Catholic Charities-** 106 SW A Avenue # 580-353-1811

**Mortgage First Company-** 3908 NW Elm St # 102. #580-699-5881

## **Child and Advocacy/Child and Family Support Services-**

**CASA of Southwest Oklahoma- 601 SW C Ave.** Ste. 101. #580-248-2272

**Boys and Girls Club-** 1315 NW F. # 580-357-7541

**Catholic Charities- 106 SW A Avenue** # 580-353-1811

**Girl Scouts of Western Oklahoma, Inc.-** 1509 W Gore

**Boy Scouts of America, Last Frontier Council-** 620 NW Cache Ave. # 580-357-3633

**Lawton Family YMCA-** 5 SW 5<sup>TH</sup> St. # 580-355-9622

## **Parenting Resources/ Pregnancy Services**

**Marie Detty** – 2502 SW E Ave. #580- 248-6450

**Parent Pro-** parentPRO.org, 5 week parenting classes, \$40 per class, limited availability. #1-877-271-7611

**BirthRight-** 5108 W Gore Ste. 7. #580-248-3110

**Pregnancy Resource Center-** 319 SW C. Hours: M-F 9 AM to 5 Pm, Pregnancy test, basic ultrasounds, education. Confidential visits with client advocate. Referrals for medical, legal, social service, adoption assistance. Baby clothing and furnishings. # 580-536-4040

## **Employment/Education**

**Vocational Rehabilitation-** 1802 NW Ferris, Offers services for education and employment for people with a mental or physical disability .#580-585-4200

**Great Plains Technology Center GED Program-** Free program with waiting list, free classes offered in the morning and afternoons to prepare for each section of the test. Each section of the test cost \$34. # 580-250-5685

**Goodwill-** 1205 Summit, Services: resume, interview, career assessments, basic computer skills, GED preparation, One-on-One assistance, online job searching. How to access: walk-in and complete an intake and determine which employment readiness services would best fit your needs. Mon-Fri 9-5, closed from 12-1. # 580-699-5580 ext. 3005

**Oklahoma Employment Security Commission/Workforce Center-** 1711 S 11<sup>TH</sup> St. Services offered: employer services, job placement, unemployment, insurance assistance, labor market information and veteran services. How to access services: take a valid photo ID and social security card to center and register for services. Mon-Fri 8-5. # 580-357-3500

**Cameron University** – 2800 W. Gore Blvd. Lawton, Ok- # 580-581-2200

**Great Plains Technology Center-** 4500 SW Lee Blvd. # 580-355-6371

**CPR/First Aide-** American Red Cross- 6 SE Lee Blvd A or 401 W. Gore Blvd. # 580-355-2481

## **Emergency Financial Aid**

**DHS-** 2609 SW Lee Blvd. # 580-250-3600

**Salvation Army-** 1306 SW E. Ave. # 580-355-1802

**Catholic Charities- 106 SW A Avenue** - # 580-353-1811

## **Utility Assistance**

**DHS-** Program offers help seasonally. # 580-250-3600

**Catholic Charities - 106 SW A Avenue** - # 580-353-1811

**Great Plains Improvement Foundation-** # 580-353-2364

**Salvation Army-** Funds available monthly. Must have shut off notice. - #580-355-1802

**St. Vincent DePaul Society-** Call for the number of a volunteer in your area. # 580-355-7837

## **Food**

**Armed Services YMCA-**201 S 4<sup>th</sup>. Hours: Mon-Fri 7AM-6:30PM for active service military and their family with a referral from Fort Sill and a military ID # 580-355-5520

**Bethlehem Bread of Life Ministry-**602 NW Arlington Ave. Food Pantry hours: Mon-Fri 10AM-12PM. must bring photo ID. # 580-354-9266

**Catholic Charities-** 106 SW A Avenue # 580-353-1811

**Department of Human Services-**2609 SW Lee SNAP program (Food Stamps). # 580-250-3600

**Faith Based Church of God-** 11 St. Food pantry opens 4<sup>th</sup> Saturday of every other month (Jan, Mar, May, July, Sept, Nov.) from 9AM to 12PM. # 580-357-3203

**House of Bread Food Ministries-**1415 Wisconsin, Call to set up appointment to come to the food pantry. Bring proof of income and social security cards for all household members. # 580-248-8519

**Lawton First Assembly-** Make a request for food using online LFA Compassion Intake Form. You will be contacted to set up an appointment. Each household is limited to four visits per year, once every three months. Distributions are made the 1<sup>st</sup> and 3<sup>rd</sup> weekends of the month. Lawtonfirst.org/ministries/lfa-food-pantry. # 580-536-9325

**Lawton Food Bank-** 1819 SW Sheridan Rd Hours: MWF 8AM-2PM T Th 12PM-6PM, open the last Saturday of each month from 9AM-12PM. Head of Household must have picture ID, ID's and SS# for everyone in the house, proof of residence, and income. # 580-353-7994

**Salvation Army Community Center-** 1306 SW E. Ave. Hours: M-Th 10AM-12PM and 1PM-3PM, Friday 10AM-12PM. Requirements: Photo ID, SS Card for all household members, rent

receipt/leases agreement. If receiving food stamps, need referral from case worker. Free supper: Mon-Fri at 6PM. # 580-355-1802

**St John's Baptist Church**- 1504 SW Roosevelt, Serves lunch M-F from 11:30-12:30. # 580-357-3542

**The Way Christian Church**- 29 SW Ave. Grocery distribution 2<sup>nd</sup> Saturday 9AM. # 580-699-2669

**WIC**- 1010 SW Sheridan (Health Department). # 580-248-5890

**Lawton Mobile Meals**- 2800 Gore Blvd. # 580-357-5396

## **Housing**

**Lawton Housing Authority**- 609 SW F St. Services offered: Income based public housing and section 8 assistance, tenant-based rental assistance, first-time homebuyer education, landlord/tenant issues, mortgage default counseling, home equity conversion mortgage, home improvement and rehabilitation programs, fair housing complaints. # 580-353-7392

**Catholic Charities- 106 SW A Avenue** # 580-353-1811

## **Low Income Apartments**

These are low income apartments. The government gives funds directly to the apartment owner. They charge lower rent for low income persons. Contact this apartment for low rent family housing with subsidized government low income rates.

- Stratford Square Apartments, 4309 SE Camelot Dr. # 580-353-4400
- Villanova Apartments, 305 NW 4<sup>th</sup>. # 918-333-2244
- Sanders Heights Apartments, 2403 SW Jesse Davenport. # 916-224-9400
- Deer Park Apartments, 2403 NW 23<sup>rd</sup> St. # 888-411-5320

## **Legal Services-**

**Legal Aid Services of Oklahoma**- 323 SW C. Ave # 580-248-4675

**Teen Court**- 814 SW C Ave. # 580-250-1466

## **Child Care**

**Kindercastle Child Care Center**- 1913 W Gore Blvd. #580-248-4244

**Kae Dee Day Care Center**- 2206 SW E. Ave #580-357-7753

**Numunu Turateu Early Child Care Center**- 216 SE J Ave. #580-250-1561

**Tincher Child Development Center-** 4122 Bragg Rd. #580-442-2320

**Rising Stars Childcare-** 5525 NW Cache Rd. #6, #580-699-3998

**Children of Joy Learning Academy-** 1305 NW 73<sup>rd</sup> St. # 580-536-4331

**Playcare, Inc. Smart Start #6-** 5402 NW Kinyon Ave. #580-595-7063

**Jack & Jill Child Care-** 1905 NW Smith Ave. #580-353-1988

**Creative Children-** 6935 Gore Blvd. #580-536-1631

**Playcare, Inc. Smart Start # 5-** 1310 NW Ferris Ave. #580-248-7788

**Playcare, Inc. Smart Start # 2-** 30 NE 20<sup>th</sup> St. #580-355-3924

**Creative Moments Learning Academy-** 1421 NW 67<sup>th</sup> St. #580-536-7288

**ABC Learning Center-** 3217 E Gore Blvd. #580-248-8950

**Playcare, Inc. Smart Start # 4-** 1416 W Gore Blvd #580-248-3883

### **Health/Disabilities**

**Sooner Success-** Resources/Information to benefit families who have children with Special Needs/Disabilities # 1-877-441-0434

### **Insurance Companies**

**State Farm Insurance Agent-** Chris Middick, Lawton, OK

**Adams Insurance Agency, INC.-**Duncan, OK #580-470-9108

**Shelter Insurance-** Misty Newton, Lawton, OK #580-357-1400

**All About Auto Insurance-** Lawton, Ok #580-351-1177

### **Miscellaneous:**

**Child Support Enforcement-** #1-800-522-2922

**Birth Certificate/ID Assistance-** Bureau of Vital Statistics: 1000 NE 10<sup>th</sup> St. Oklahoma City, Ok #405-271-5600

**Social Security-** Lawton Office: 1610 SW Lee Blvd. Lawton, OK # 1-800-931-2732 or 1-580-355-0869

**Quit Smoking Information-** #1-800-QuitNow- program is FREE and is designed to help individuals stop using any type of Tobacco product. After a brief discussion, a Coach may be assigned who will be available to give support. Eligibility for special medications to help individuals stop using tobacco products may also be available.

